

Welcome to the 2010 NAIGC National Gymnastics Championships, hosted by the Texas State Gymnastics Club at Texas State University, San Marcos. This year's 22nd annual NAIGC National Championships will be the largest held to date, bringing together 57 clubs and more than 650 competitors from across the country. Countless hours of planning and preparation have been invested in an effort to make this year's Championships as successful and memorable as possible. We invite you to take advantage of all that Austin and San Antonio have to offer and truly hope that Nationals 2010 proves to be an enjoyable and rewarding experience for everyone involved.

Enjoy, and good luck!

About the Host Team

The Texas State Gymnastics Club was established in 1968, making it one of the oldest sports clubs in the history of Texas State University. In 1993 the club hosted their first NAIGC National Championships in which their women's team placed 1st. Now Texas State University is proud to host the NAIGC National Championships once more and welcomes all competitors to enjoy the beautiful campus and community available in San Marcos.

For more information about the Texas State Gymnastics Club and the university, please check out their website at http://www.TexasStateGymnastics.com

About the NAIGC

The National Association of Intercollegiate Gymnastics Clubs is a volunteer organization dedicated to the promotion and support of collegiate club gymnastics. The NAIGC operated as an unofficial entity for nearly two decades, but has recently become more organized, a move necessitated by the tremendous growth of collegiate club gymnastics in recent years. As recently as 2006, the NAIGC was incorporated as a non-profit organization, and qualified for tax-exempt status in 2008.

The NAIGC is currently run by a dedicated group of volunteers -- an elected board of directors comprised primarily of current and former collegiate gymnastics club participants, and an additional group of appointed advisors. The NAIGC provides support to all collegiate gymnastics clubs through its various information and technical resources – the NAIGC website, email listserve, message board, newsletter, competition guidelines, meet scoring software, and online registration tools that are available to all member clubs. The NAIGC also provides financial and logistical support for Nationals, and maintains the Nationals event website. NAIGC's directors have been working alongside Texas State's gymnastics club leaders to collectively ensure that this year's annual NAIGC Nationals is both professional and memorable, and it is our sincere hope that you enjoy what we have all put together.

Club Membership in the NAIGC is open to any collegiate gymnastics club in the United States; individual membership is open to anyone with an interest in collegiate club gymnastics. For more information, please visit our website at http://www.naigc.net

NAIGC Board of Directors

President:

Benjamin Johnson - University of California Berkeley, Alumni; Virginia Tech, Alumni

Vice President:

Karen Heilman - Purdue University, Alumni

Treasurer:

Beth Doughty - Tulane University, Alumni; University of California Davis, Grad Student

Secretary:

Elizabeth Shapiro - Indiana University, Alumni

NAIGC Advisors

Madeline Bradley Cindy La Rotta
Gary Bruening John Vajda
Dr. Darlene Schmidt Wendy Jo Svetanoff

A.J. Banker - SUNY Brockport

Ryan Bradley - University of North Carolina Greensboro, Alumni; High Point University, Alumni

Doug Bucholz - Northern Illinois University, Alumni

Steve Cantrell - Pennsylvania State University, Senior

Devin DeBacker - University of Virginia, Law Student

Kristy Fries - Ohio State University, Alumni

Ryan Maskell - Texas State University, Alumni

Vincent Riot - University of California Berkeley, Staff, Researcher

Ashley Ross - University of North Carolina Chapel Hill, Senior

Ilana Shushansky - Emory University

David Tigue - University of Idaho, Student



Dear Participants:

It is with great pleasure I welcome you to the campus of Texas State University. It is a privilege to be hosting the NAIGC National Championships at our newly expanded Student Recreation Center.

Texas State is proud of our Student Recreation Center, one of the finest in the nation, and a cornerstone for student life on campus. It provides our campus community with a plethora of recreational and healthy lifestyle opportunities. One of those opportunities is the Sport Club program, specifically our gymnastics club, which has a long rich history here at Texas State. Hosting this event will allow us to enhance that tradition.

This gymnastics meet includes athletes from across the nation, enabling you to participate in quality competition. But more than competition, it affords you the opportunity to meet people with diverse backgrounds that share your passion for the sport. This passion creates the expectation to give your all, strive for success and demonstrate good sportsmanship, the very nature of sport clubs. In addition, participation in this meet will give you lasting memories to take and carry through life.

Enjoy the moment: make friends and best of luck!

Sincerely,

Dr. Glenn Hanley

Director of Campus Recreation

Texas State University – San Marcos

Susan Narvaiz Office of the Mayor



Dear Friend,

As Mayor of the City of San Marcos, I would like to personally welcome you to our beautiful city. San Marcos is a destination of choice. Our fast-growing community has everything to offerworld class shopping, entertainment, restaurants, recreation, museums and a wonderful downtown.

I invite you to experience the jewel of our city- the San Marcos River. Swim, tube, kayak, canoe, or just take a leisurely stroll down its peaceful banks. Our recently reconstructed tube chute at Rio Vista Falls is the perfect backdrop for a fun and relaxing afternoon.

During your stay, be sure to take advantage of Texas' best shopping. San Marcos is home to both the Tanger and Prime Outlet Centers, the third most-visited attraction in the State of Texas. If something unique is more your style, check out the boutiques and gift shops in our historic downtown district.

Again, welcome to San Marcos! We are excited to have you here, and we know you'll enjoy taking part in the unique attractions that can only be found in the City of San Marcos.

Sincerely,

Susan Narvaiz

Susan Mairay

Mayor

Event Schedule

Thursday, April 8

Session 1

9:00am Open Warm-up 9:30am Timed Warm-up 9:50am Competition 1:30pm Finish

Session 2

1:45pm Open Warm-up 2:15pm Timed Warm-up 2:35pm Competition 6:15pm Finish

Session 3

6:30pm Open Warm-up 7:00pm Timed Warm-up 7:20pm Competition 11:00pm Finish

Friday, April 9

Session 4

9:00am Open Warm-up 9:30am Timed Warm-up 9:50am Competition 1:30pm Finish

Session 5

1:45pm Open Warm-up 2:15pm Timed Warm-up 2:35pm Competition 6:15pm Finish

Session 6

6:30pm Open Warm-up 7:00pm Timed Warm-up 7:20pm Competition 11:00pm Finish

Saturday, April 10

NAIGC Annual Meeting

9:00-11:00am

Finals Session

11:00am Open Warm-up 11:30am Timed Warm-up 11:50am March-in 4:00pm Finish

Equipment Teardown

4:00-6:00pm (approximately)
All teams are expected to help
with the equipment teardown

Awards Banquet
Begins one hour after
teardown -- about 7pm
and will end around 10pm
Banquet Room will stay
open until 4:00am

Distinguished Judges

Women

Vault - Brandy Haney & Paige Callaway

Bars - Carol Robuck & Lili Snyder

Beam - Sharon Rhea & Erika Franklin

Floor - Barbara Hughes & Jenny Amos

Meet Referee - Carol Robuck

Men

Floor - Rome Milan

Pomel Horse – James Sergeant

Rings – Eric Briley

Vault – John Redmon

Parallel Bars – Kevin Bates

High Bar – Greg Kester

NAIGC Annual Meeting

Saturday, April 10, 2010, 9AM - 11AM, at Texas State University, MultiPurpose Room D

- 1. Opening Remarks
 - o Presidential Address Benjamin Johnson
 - o Nationals 2010 Review
 - o Other Remarks
- 2. Nomination and Election of Directors
- 3. Nationals 2011
- 4. Open Discussion

Session Assignments

Session 1

Women

American University
Bryant University
Florida State University
Miami University
SUNY Cortland
University of North Carolina at
Wilmington
University of Rhode Island
University of Texas
University of Vermont

Session 2

Women

Boston University
Indiana University
James Madison University
NAIGC Alumni A
Ohio University
University of California, Davis
University of Maryland
University of North Carolina at
Chapel Hill

Session 3

Women

Massachusetts Institute of
Technology
Ohio State University
Southern Illinois University
Texas State University
University of Illinois
University of New England
University of Pittsburgh
University of Virginia
Xavier University

Men

Austin Community College Boston University Hardin Simmons University Indiana University Massachusetts Institute of
Technology
NAIGC Alumni A
Ohio State University
Ohio University
Southern Illinois University
University of California, Davis
University of Illinois
University of New England
University of North Caroliana at
Chapel Hill
University of Texas
University of Vermont
University of Virginia
Xavier University

Session 4

Women

Cornell University
Eastern Michigan University
Liberty University
NAIGC Alumni B
Northern Illinois University
Pennsylvania State University
Purdue University
University at Buffalo
Virginia Tech

Men

Boise State University
Cornell University
Eastern Michigan University
James Madison University
Liberty University
NAIGC Alumni B
Northern Illinois University
Pennsylvania State University
Purdue University
Texas Tech University
University at Buffalo
University of California, Berkeley
University of Minnesota
Virginia Tech

Session 5

Women

Emory University
NAIGC Alumni C
St. Mary's University
Syracuse University
Texas A&M University
University of California, Berkeley
University of Connecticut
University of Minnesota
University of Michigan
University of Notre Dame

Session 6

Women

Boise State University
Clemson University
Georgia Institute of Technology
Kent State University
North Carolina State University
Texas Tech University
Tulane University
University of Florida
University of Iowa
University of Pennsylvania
University of Tennessee
University of Wisconsin-Madison

Men

Clemson University Colby College **Emory University** Georgia Institute of Technology **Kent State University** NAIGC Alumni C North Carolina State University Syracuse University Texas A&M University Texas State University **Tulane University** University of Florida University of Iowa University of Notre Dame University of Pennsylvania University of Tennessee

American University

Nora Gibson
Gabrielle Gorder
Alexandra Gordon
Kathryn Hargrave-Kerns
Courtney Higgins
Alyson Higgins
Caroline Sabatier
Carrie Walters

Austin Community College

Bryce Cashell

Boise State University

Megan Grigsby Jessica Hagashi Krystal Hill Heather Hitch Libby Hobbs Conner Hall David Tighe

Boston University

Jenna Fortunato
Rachel Hawkes
Samantha Andrews
Caitlin Bartkus
Stephanie Boyd
Nicole Collette
Amy Gearhart
Christine Logue
Elena Serio
Leahy Winter
David Mark Orr

Bryant University

Khiara Labrie

Clemson University

Jenna David
Jessica Gancar
Jacey Gombert
Corey Meenan
Kayla Perry

Shannon Read Amanda Schroeder Alexander Barnes

Colby College

Joe Kim

Cornell University

Sonya Burns
Lawren Wooten
Carrie Califano
Bethany Gilles
Iris Holmes
Cortni McGregor
Samantha Schlemmer
Lesley Slade
Danielle Tsuzuki
Jeff Gilmour
Dan Levine

Eastern Michigan University

Shannon Balabuch Alyssa Borth **Bridget Conlon** Sara Schuster Kelsey Smith Sarah Tomkovich Cara Ullmann Grace Wypasek Heather Zappala Samuel Gargulinski Robby Kijowski Oswald Kwan James Ortiz Kurtis Rosen Darin Smith Danny Wilson

Emory University

Vanessa Boshuizen Erin Crews Kate Fowler Cara Hageman Becky McCann Alexandra Power-Hayes Ilana Shushansky Elizabeth Weinstein Martin Krafft Nawazish Palejwala

Florida State University

Britney Byfield
Ashley Carreiro
Amanda Dombrowski
Ashley Howser
Shannon Ingersoll
Mary Masterton
Megan Nudelman
Sarah Slagle
Jessika Widerman

Georgia Institute of Technology

Kaitlin Anderson
Lyndzey Dare
Kathryn Fulk
Zuri Hudson
Annie Jones
Christopher Ernst
Chris Jorgensen
John Nakano
David Spitdowski, Jr.

Hardin Simmons University

Justin Powers

Indiana University

Rosalie Delarme
Alayna Dibo
Stevie Hacker
Beth Lutzow
Kayla McBride
Morgan Metallic
Daniel Baldwin
Alex Banasiak
Cody Brown
William Gurin

James Madison University

Victoria Bestercy Nicole Buscema Kristen Cicala Amanda Daley Lauren Daly Jessica Dinenno Leigh Ferraro Rebecca Hantman Elly Hart Jennifer Jahn Rachel Johnson Serena Kinsella Anne Lewis Dana Merwin Katelyn Mock Kimberly Parsons Brittany Rouiller Sarah Schmitz Kelly Stiger Heather Walsh Sarah Walsh Barbara Wehbie Jessica Welborn Richard Aufenger Travis Eiler Daniel Grant Jasen Moran Patrick Page Adam Zisa

Kent State University

Anjanette Barrick Stephanie Hill Ashley Koshiol Kalie Stallard Kristen Swartz Matt Petruso

Liberty University

Mackenzie Clary Christina Grauch Megan Muller Rachel Steele Amber Zeller Steve Lucia

Massachusetts Institute of Technology

Marie Heglund
Zara Karuman
Mary Linnell
Gina Policelli
Stephanie Schmit
Karis Stevenson
Kristen Watkins
Javier Duarte
Brett Lazarus
Jake Shapiro
Jacob Varley

Miami University

Samantha Brown Katelyn Burke Jessica Derickson Carrie Littman Joanna Mosenson Katie Schellin Rachel Towarnicky Marissa Vogelpohl Michelle Adams Brooke Bostelman Kim Ferris Dana Klaczack Jill Kohorst Olivia Krawczyk Megan McConnell Stephanie Nadzam Morgan Spellacy Jennifer Thomas Jackie Trimbach

NAIGC Alumni

Karen Heilman Stephanie Reisfeld Elizabeth Shapiro Camilee Tiangco Stacey Twisdale Douglas Bucholz Ryan Bradley Will Heyer Benjamin Johnson Ryan-Tait Mapa Kyle Omholt John M. Piltaver
Thomas Rangel
Lee Wood
John Wronkiewicz

North Carolina State University

Cathy Evans
Ashlee Howze
Katherine Keith
Mallory McCarthy
Caleigh Mucci
Mackenzie Mucci
Betsy Newsome
Katie Plummer
Allison Szatek
Keith Burns

Northern Illinois University

Lorena Camacho Linnea Hansen Ashley Samata Jesse Mai Ryan Wiser

Ohio State University

Chelsea Dalessandro
Rachel Dellon
Kristy Fries
Sara Kenny
Marie Langston
Elyse Persico
Jen Willoughby
Mike Carney
Joseph Chamberlain
Nicholas Giacobbe
Will Robinson
CJ Weir

Ohio University

Chelsea Barranco Brittni Barranco Sarah Coffing Erin English Ali Goble Caela King Megan Lanham Kristin Nieto Jessica Rykalla Heather Smith Laura Straub Liz Sunseri Christina Bean Arielle Belanger Lisa Coby Tiffany Fortney Kerry McFadden Colleen Mescher Natalie Page Stephanie Sutton Esther Weibel Ben Corbitt Max Heckel Tim Murakami

Pennsylvania State University

Jill Hiller Nicole Hunter Jennifer Katz Vita McHale Meghan O'Neil Beenash Sheikh Erica Sperber Paige Stanley Corinne Surprenant Andrea Teter Jennifer Trapuzzano Rachel Zawodzinski Kendall Barnoff **Emily Boller** Mollie Calzone Rachael Koppel **Kacie Latchford** Cammie Lincoln Alyssa Patterson Heather Perron Courtney Pruitt Arielle Scarpelli Katie Stoebe Christine Weber Jereme Hackman Gilbert Lujan **Ethan Barton**

Marc Benoit
Liam Boone
Ben Campbell
Scott Fitzpatrick
Dan Galiczynski
Asaf Gans
Clint Gyory
Andrew Mcclain
Joseph Pawko
Liam Ryan
Jake Zenker

Purdue University

Sarah Carley Brianna Conlin Alexis Koda Christina Mahanic Adriana McNinch Kelsey Opperman Allison Salisbury Kelly Smith Sara Stepcyznski Alice Tam Shamik Amin Anthony Colavecchia Kevin Fischer Jeremy Marx Ben Nichter Jake Vanhooser Alex Vanhooser

Southern Illinois University

Brenna Coyle Renee Lykkebak Kendra Ritz Brandon Macias

St. Mary's University

Renee McEntire

SUNY Cortland

Rebecca Atkinson Alyssa Atwood Kayleigh Caswell Kristyn Cozier

SUNY Cortland Cont.

Lauren Granat Cassandra McNamara Elizabeth Reed Samantha Ward

Syracuse University

Stephanie Crivello
Laura Hogan
Victoria Honard
Danielle Hurley
Desiree LaFountain
Casey Lesieur
Brianne Nakamura
Kirstie Pena-Cintron
Lauren Searles
Jonathan Einstoss
Ralph Emerson
Brian Maynard
Arun Moghe
Sebastian Ornstein
Mark Zhang

Texas A&M University

Constance Cuadra Cathrin DiFilippo Amanda Grimm Courtney Harris Katherine Jennings Amber O'Connor Michelle Owen Sydney Riegel Alysia Scott Alex Sinatra Sarah Thomas **Emily Winston** Michael Bynum JP Cesar Andrew Gowdy Michael Hann Neil Henderson Daniel Kelly Matthew Kelly Alexis Olsen **Andrew Parker** Stefan Quartemont

Eli Richardson

Andy Wheeler

Texas State University

Leslie Anne Ables Robyn Dean Kaitlin King Amena McCullum Lauren Metcalfe **Britney Piatt** Rachel Tallerine Erin Williamson Ralph Barron Zane Bell Cory Bohannon Isaac Deanda Chris Grygier Josh Higgins Nick Hunter Eric Livingston Adam Particka Gabe Watters Benjamin Wood

Texas Tech University

Kirsten Alvarez
Rachel Glaser
Kylie Haroldson
Tova Horne
Kelsey Rangel
Lauren Smith
Kristin Williams
Matthew Amodeo
Ben Landis
Josh Pack
Larry Warren
Michael White
Mike Zebrun

Tulane University

Michelle Fryar
Stephanie Mock
Katherine Schuff
David D'Urso
Seth Guidry

University at Buffalo

Erin Connor Sally Enriquez Mary Greenberg Rachael Kaplan Kristen Quadrone Kristen Rice Yelena Slobard Chelsey Walworth Mark Busch

University of California, Berkeley

Anne Baptiste
Katie Clark
Dana Felker
Allison Littman
Lena Ning
Julie Rolla
Yuina Satoh
Aryn Shelander
Vincent Riot

University of California, Davis

Dani Der
Beth Doughty
Nicole Elen
Martha Hayakawa
Shelby Matsuoka
Breanna Miller
Cassandra MoralesDe Silvestore
Mariah Walker
Kyle Ludwig
Robert Mazzola
Thomas Shepherd

University of Connecticut

Casey DiTroia
Jenny Jaekle
Danielle Riley
Dina Savoca
Gina Uguccioni
Leana Varvella
Shayla Veasley

University of Florida

Christine Mildenberger Rachel Morris Kaityre Pinder Talia Salkeld Racheal Wolfson Kyle Wicomb

University of Illinois

Jennifer Bostedt

Samantha Ching Maggie Ciesielski Jennifer Holliday Melissa Horgan Kristina Jackson Anna Jozefiak Jillian Kroot **Emily Lombardo** Olivia Maldonado Jackie Moy **Judith Patterson** Kelsey Persels Katie Shipley Allie Smith Danielle Tourtillott Alexandra Zubay David Barron Alexander Chigas Ian Dennehy Steve Dugan Matthew Eckardt Arthur Gutzke Brian Hulbert Dave Johnsen Richard Bryan Mesina Kyle Sassatelli

University of Iowa

Amanda Seidel Renee Severin Justin Farris

University of Maryland

Ellen Plitt
Lindsay Roberts
Melissa Aplan
Megan Askew
Elizabeth Bedell
Robyn Douglass
Kaylor Drehoff
Juliana Hoolihan
Ashley Lessans
Christie Miller
Katie Pelton
Justina Pfister
Hannah Steiner

University of Michigan

Alexandra Lai
Carmen Loo
Paige Albers
Cara Baughman
Alyssa Burke
Melanie Hunt
Shana Manning
Erica Marcos
Kate Miller
Kathryn Orlando
Kelly Patrick
Dalia Shafie

University of Minnesota

Dana Fisher
Whitney Johnson
Melissa Preston
Megan Seckler
Meagan Smith
Lexi Voight
Saqer Almulla
Brian Girard
Dan Laschansky
Patrick Shipway

University of New England

Tori Brooks
Joanna Corp
Christina Cusick
Ariel Evans
Lindsey Jacques
Cassidy Peterson
Rebecca Varney
Megan Welcome
Justin St. Jean
Ryan Tarr

University of North Carolina at Chapel Hill

Kristen Bell Sara Isaacson Casey Jenkins Jennifer Kessinger Erica Ludi Shayanne Martin Shannon Murphy Ashley O'Rourke Ashley Ross Diana Roycroft Allie Treske Adam Beam lan Everitt Nathan Harris Patrick Harrison Mark Hemphill James Howard

University of Notre Dame

Bryanna Bocardo Elizabeth Bonne Sarah Cole Courtney Dahms Ellie Frawley Sarah Krug Olivia Schreader Michael Hannigan Chris Price Kyle Sandberg

University of Pennsylvania

Lillian Gomperts
Jessica Kelly
Julie Lustbader
Jill Schueckler
Thomas Caldwell
Joe Yellin

University of Pittsburgh

Lindsay Myers
Megan Stupak
Alicia Behringer
Elizabeth Bishop
Trisha Breen
Stephanie Elison
Val Lentz
Erica Parise
Hawley Pruitt
Katie Jo Sonntag

University of Rhode Island

Alyssa Daly
Micaela Massa
Kirsten Cacal
Haley Call
Jen Chamberlain
Courtney Constantine
Lindsey Curry
Dacia Daly
Lindsay Diamond
Krista Dominici
Chelsea Gratt
Sarah Lafen
Kimberlee McCabe
Erika Sloan

University of Tennessee

Kasey Jackson
Tim Michaels
Andrew Milstead
Greg Nash
Rich Phelan
Eric Walker
Ryan Whitted

University of Texas

Julie Blasnik Kim Brown Whitney Franklin Jennifer Grabowski Hannah Ogelsby Katie Walter **Amy West** Sarah Williams Lindsey Williams Randi Zimmerman Susan Zurbuch Austin Copeland Michael Gammage Andrew Hutcheson Guru Khalsa Harrison Means Chris Muenz Alan Pelesko Ted Sniderman Dale Taylor Light Townsend Jonathan Walker

University of Vermont

Heather Bartlett Francesca Bennett Susan Consolati Carole Ann Dery Amanda Grieco **Emily Hoogesteger** Meredith Kempson Kathryn Krug Carolyn Lieberman Jennifer Moltz Jessie Murray Erika Parry Halley Parsonnet Jessica Savrann Ilana Shemkovitz Eric J Brumbach Chris Leavitt Eric Niebylski Tim Nikopoulos Larry Simeone

University of Virginia

Hannah Wolford
McKinsey Bond
Charlotte Daimler
Steph Fontana
Rachel Garvey
Kim Howard
Katherine McKinney
Simone Miller
Jenna Padilla
Kelly Pierson
Amelia Rode
Kelsey Stober

Christie Swanson

Elizabeth Tankovich

Joshua Handal Braden Jones Christoph Klein Matt Manley

University of Wisconsin-Madison

Amanda Cheung Sarah Ives Kristin Johnson Lisa LeVitus Megan Wycklendt Brianna Zeilinger Johnny Ly

Virginia Tech

Nicole Glennon
Marjorie Howren
Catherine Teskin
Chelsey Berg
Sarit Cliffer
Meagan Hom
Devon Ordung
Robin Pyle
Suzanne Schindler
Erin Stack
Stefanie Walden
Richard Duelley
Patrick Fiaux

Steven Lauck

Daniel Moodie Chris Moore Hanes Wynn

Xavier University

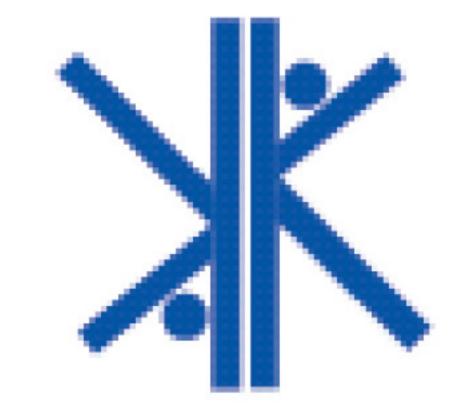
Rachel Weigand
Amy Bennett
Hannah Black
Kara Caudell
Rachel Gabbard
Becki Holroyd
Liz Sprout
Ashley Sroufe
Sarah Steiner
Matthew Woppel

Thank you for your support!

We would like to thank all our participating gymnasts, judges, sponsors, friends, volunteers, and the many individuals who made it possible for us to host the 2010 NAIGC National Championships!

THE NAIGC WOULD LIKE TO THANK ITS
SUPPORTING PARTNER







INTERNATIONAL GYMNASTICS CAMP

Score Card

Num	Name	Vault	Bars	Beam	Floor			AA
Num	Name	Floor	Pommel	Rings	Vault	P-Bars	H-Bar	AA