

NAIGC
Gymnastics



WELCOME TO ATLANTA

National Championships
2009

Welcome to the 2009 NAIGC National Gymnastics Championships, hosted by the Emory Gymnastics Club at Emory University. This year's 21st annual NAIGC National Championships will be the largest in the event's history, bringing together 56 clubs and over 600 gymnasts from across the country. This is an exciting time for both Emory and the NAIGC; as one of the NAIGC's more recent member clubs, Emory enjoys a unique opportunity to contribute to the NAIGC's championship legacy, while also serving as a representative model for the tremendous and exciting growth that the NAIGC has experienced in recent years. The success of the organization is a testament to the hard work and enthusiasm of the many collegiate clubs supported by gymnasts who remain dedicated to competitive gymnastics for the love of the sport.

Countless hours of planning and preparation have been invested in this event over the last two years by Emory's gymnasts, the NAIGC, and the University's Athletics & Recreation department in an effort to make this year's Championships as successful and memorable as possible. Emory is thrilled to have the opportunity to host the meet on its beautiful campus and would like to thank all of the competitors, coaches, judges, volunteers, and spectators who have traveled near and far to be here this weekend. The Emory Gymnastics Club invites you to take advantage of all that Atlanta has to offer and hopes that Nationals 2009 proves to be a rewarding experience for everyone involved.

Enjoy, and good luck!

About the Host Team

The Emory Gymnastics Club was founded in 1996 and is a student-run organization open to Emory University students. Emory first fielded a team at the NAIGC National Championships in 2004. The club exists as part of the University's Athletics & Recreation department and provides facilities and coaching to members of the Emory community. Joining the Emory Gymnastics Club is a great way to keep up with the sport, learn new skills, and become more involved in campus life. The team holds practice at Atlanta School of Gymnastics and welcomes participation from gymnasts of all levels.

For more information, check out Emory's Club Sports Web site at <http://www.rec.emory.edu/clubsports>

About the NAIGC

The National Association of Intercollegiate Gymnastics Clubs is an organization dedicated to the promotion and support of collegiate club gymnastics.

The name NAIGC has been around since the late 1980's, when an informal association was started in response to interest by college gymnastics club programs in having their own national championship. Through the years the number of participants in these championships has grown tremendously; and in response, a student-led initiative has been organizing the NAIGC from within. As recently as 2006, the NAIGC member clubs elected our first board of directors, the first step in a sequence of transformative efforts enacted to prepare for the challenges of the future. Subsequent steps have included incorporating as a non-profit corporation, achieving tax-exempt status, ratifying working policies for decision-making, developing a stable business model, producing new resources for our member clubs, and financially supporting the NAIGC National Championships.

The NAIGC is currently run by a dedicated group of volunteers -- an elected board of directors comprised primarily of current and former collegiate gymnastics club participants, as well as an additional group of appointed advisors. The NAIGC provides support to all collegiate gymnastics clubs through its various information and technical resources -- the NAIGC website, email listserve, message board, newsletter, competition guidelines, meet scoring software, and online registration tools that are available to all member clubs. The NAIGC also provides financial and logistical support for Nationals, and maintains the Nationals event website. The NAIGC's directors have been working alongside the Emory Gymnastics Club's leaders to collectively ensure that this year's annual NAIGC Nationals is both professional and memorable, and it is our sincere hope that you enjoy what we have all put together.

Club membership in the NAIGC is open to any collegiate gymnastics club in the United States; individual membership is open to anyone with an interest in collegiate club gymnastics. For more information, please visit our website at <http://www.naigc.net>

NAIGC Board of Directors

Benjamin Johnson - *President*
University of California Berkeley,
Alumni; Virginia Tech, Alumni

Karen Heilman - *Vice President*
Purdue University, Alumni

Vincent Riot - *Treasurer*
University of California Berkeley,
Staff, Researcher

John Vajda - *Secretary*
Virginia Tech, Alumni

A.J. Banker - SUNY Brockport

Ryan Bradley - University of North
Carolina Greensboro, Alumni; High
Point University, Alumni

Steve Cantrell - Pennsylvania State
University, Senior

Beth Doughty - Tulane University,
Alumni; University of California
Davis, Grad Student

James Kachelmeyer - University of
Texas, Alumni

Cindy LaRotta - Texas State
University

Kyle Omholt - Purdue University,
Alumni

Kirsten Rizer - Ohio University,
Alumni

Ashley Ross - University of North
Carolina Chapel Hill, Senior

Ilana Shushansky - Emory
University

Cheryl Thomas - University of
North Carolina Chapel Hill, Alumni

NAIGC Advisors

Madeline Bradley

Gary Bruening

Dr. Darlene Schmidt

Wendy Jo Svetanoff

Event Schedule

Thursday, April 16

Session 1

9:00am Open Warm-up
9:30am Timed Warm-up
9:50am Competition
1:00pm Finish

Session 2

1:15pm Open Warm-up
1:45pm Timed Warm-up
2:05pm Competition
5:15pm Finish

Session 3

5:30pm Open Warm-up
6:00pm Timed Warm-up
6:20pm Competition
10:30pm Finish

Friday, April 17

Session 4

9:00am Open Warm-up
9:30am Timed Warm-up
9:50am Competition
1:00pm Finish

Session 5

1:15pm Open Warm-up
1:45pm Timed Warm-up
2:05pm Competition
5:15pm Finish

Session 6

5:30pm Open Warm-up
6:00pm Timed Warm-up
6:20pm Competition
10:30pm Finish

Saturday, April 18

NAIGC Annual Meeting

9:00-11:00am

Finals Session

11:00am Open Warm-up
11:30am Timed Warm-up
11:50am March-in
4:00pm Finish

Equipment Teardown

4:00-6:00pm (approximately)
All teams are expected to help
with the equipment teardown

Awards Banquet

Begins one hour after
teardown -- around 7pm
Ends at 12:00am

Distinguished Judges

Women

Vault - Amanda Allen (CJ) and Gretchen Connell

Bars - Hoylene Noble (CJ) and Rachel Rogers

Beam - Natasha Groulx (CJ) and Kim Dyer

Floor - Lynda Loden (CJ) and Debbie Harned*

**on Saturday, Jan Harrison will replace Debbie Harned*

Meet Referee - Brock White

Men

Floor - Chris Homan

Pommel Horse - Patrick Kirksey

Rings - Mikhail Skomorokhov

Vault - Terry Lampo

Parallel Bars - James Sergeant

High Bar - Brian Morrett

NAIGC Annual Meeting

Saturday, April 18, 2009, 9 - 11AM, at Emory University's Woodruff Physical Education Center, Room 306

1. Opening Remarks

- o Presidential Address - Benjamin Johnson
- o Nationals 2009 Review - Ilana Shushansky
- o Financial and Technical Updates - Vincent Riot
- o IGC Presentation - Brent Klaus

2. Nomination and Election of Directors

3. Nationals 2010

4. Bids to host Nationals 2011

5. Open Discussion

- o Women's competition rules

Session Assignments

Session 1

Women

Baylor University
Boston University
James Madison University
North Carolina State University
Texas State University
Texas Tech University
University of Illinois
University of Vermont
William Patterson University

Session 2

Women

Bowling Green State University
Miami University
Southern Illinois University
SUNY Cortland
Tulane University
University at Buffalo
University of Michigan
University of New England

Session 3

Women

Clemson University
Cornell University
Georgia Institute of Technology
Ohio State University
University of North Carolina at Chapel Hill
University of Texas
University of Virginia

Men

Bowling Green State University
Clemson University
Cornell University
Georgia Institute of Technology

James Madison University

Miami University

NAIGC Alumni

Ohio State University

Ohio University

Southern Illinois University

Texas State University

Texas Tech University

Tulane University

University at Buffalo

University of North Carolina at Chapel Hill

University of Illinois

University of Texas

University of Vermont

University of Virginia

Session 4

Women

Florida State University
NAIGC Alumni
Ohio University
University of Findlay
University of Florida
University of Maryland
University of Notre Dame
University of Pittsburgh
Xavier University

Session 5

Women

American University
Eastern Michigan University
Emory University
Northern Illinois University
Purdue University
Texas A&M University
University of North Carolina at Wilmington
Virginia Tech

Session 6

Women

Indiana University
Northwestern University
Oregon State University
Pennsylvania State University
Syracuse University
University of California at Berkeley
University of California at Davis
University of California at Santa Cruz
University of Dayton
University of Rhode Island
University of Tennessee
Washington State University

Men

American University
Eastern Michigan University
Emory University
Hardin Simmons University
Indiana University
NAIGC Alumni
Northwestern University
Oregon State University
Pennsylvania State University
Purdue University
SUNY Brockport
Texas A&M University
University of California at Berkeley
University of California at Davis
University of California at Santa Cruz
University of Dayton
University of Idaho
University of Notre Dame
University of Tennessee
Virginia Tech
Cornell University
Miami University A
Miami University B
Ohio University A
Ohio University B
Penn State University A
Penn State University B
SUNY Cortland

Nationals 2009 Competitors

American University

Everett Indart
Laura Aristovulos
Suzanne Defelice
Dana Gilgenbach
Gabrielle Gorder
Alexandra Gordon
Lauren Heinz
Courtney Higgins
Arielle Muth
Carrie Walters
Kelsea Weissberger
Julie Wojtulewicz

Baylor University

Kelly Atwood
Caitlyn Joblon

Boston University

Bridget Bergin
Nicole Collette
Amy Gearhart
Karen Godfrey
Tori Green
Christine Logue
Elena Serio
Jamie Whiefleet-Smith
Leahy Winter

Bowling Green State University

Scott Mcgee
Melissa Alden
Melissa Davish
Stefanie Franks
Taylor Kaufman
Erin Killilea
Katherine Little
Amanda O Shea
Jessie Reitz
Keli Syrowski

Clemson University

Nicole Durig
Emma Ellis
Maria Fox
Jessica Gancar
Rachel Hannah
Lisa King
Corey Meenan
Amanda Schroeder

Cornell University

Mateo Gomez
Jeremy Miyauchi
Caitlin Anderson
Jaime Boris
Sonya Burns
Carrie Califano
Bethany Gilles
Iris Holmes
Samantha Schlemmer
Lesley Slade
Danielle Tsuzuki

Eastern Michigan University

Neal Brunner
Josh Goldberger
James Ortiz
Thom Ratkos
Andrew Schumacher
Darin Smith
Danny Wilson
Alyssa Borth
Emilie Hannon
Martha Miller
Sara Schuster
Brandy Smid
Cara Ullmann

Emory University

Martin Krafft
Nawazish Palejwala
Taylor Anderson
Vanessa Boshuizen
Erin Crews

Kate Fowler

Rachel Goldberg

Cara Hageman

Sarah Kurinsky

Alexandra

Power-Hayes

Ilana Shushansky

Florida State University

Amanda Dombrowski
Ashley Howser
Shannon Ingersoll
Melissa Kuhling
Mary Masterton
Megan Nudelman
Sarah Slagle
Jessika Widerman

Georgia Institute of Technology

Matthew Duane
Christopher Ernst
Jared Leonard
John Nakano
David Spitdowski, Jr.
Lyndzey Dare
Tonya Dugger
Kathryn Fulk
Annie Jones
Lauren Jurecic

Hardin Simmons University

Brandon Cooke
Nick Hunter

Indiana University

Alex Banasiak
Cody Brown
William Gurin
Rosalie Delarme
Alayna Dibo
Beth Lutzow

James Madison University

Patrick Bookjans
Travis Eiler
Daniel Grant
Jeffrey Harris
Matthew Huckfeldt
Adam Ondira
Stirling Van Winkle
Kristen Cicala
Amanda Daley
Jessica Dinunno
Leigh Ferraro
Rebecca Hantman
Elly Hart
Rachel Johnson
Janna Kline
Anne Lewis
Erica Mcgreevy
Dana Merwin
Taura Motley
Kimberly Parsons
Carol Reed
Christi Skove
Amy Smith
Kelly Stiger
Kendra Taylor
Barbara Wehbie
Jessica Welborn
Kristen Hamlin
Sarah Schmitz
Sarah Walsh

Miami University

Andrew Foster
Joel Vinocur
Michelle Adams
Kori Austera
Brooke Bostelman
Dana Klaczack
Amanda Mara
Megan Mcconnell
Amanda Miller
Kaley Norris
Morgan Spellacy
Jennifer Thomas
Meghan Connelly

Nationals 2009 Competitors

Miami University cont.

Jessica Derickson
Kim Ferris
Jessica Fortunato
Jennifer Foti
Kathryn Franklin
Marion Guinet
Jill Kohorst
Olivia Krawczyk
Larissa Loufman
Kelsey Lyon
Kristen Martin
Lynette Moorehead
Joanna Mosenson
Rachel Towarnicky

NAIGC Alumni

Peter Blouin
Douglas Bucholz
Jason Enke
Russ Fratto
Will Heyer
Benjamin Johnson
Bohdan Kosenko
Tony Mirabile
Kyle Omholt
John M. Piltaver
Andy Poe
Jason Tercall
John Wronkiewicz
Karen Heilman
Elizabeth Shapiro
Stacey Twisdale

North Carolina State University

Emily Basile
Hannah Cheek
Cathy Evans
Liza Gibbs
Ashlee Howze
Chelsea Martin
Mallory Mccarthy
Caleigh Mucci
Mackenzie Mucci
Betsy Newsome
Allison Szatek

Northwestern University

Gib Flocker
Eric Heckenbach
Michael Martocchio
Meredith Rogers

Ohio State University

Nicholas Giacobbe
Nicholas Pasquarello
Emily Brandner
Tara Chamberlain
Rachel Dellon
Sara Kenny
Karissa Lam
Elyse Persico
Michele Rosencrance
Amber Simmons
Emily Bayer
Jessica Burgess
Chelsea Dalessandro
Kristy Fries
Erin Morrison

Ohio University

Max Heckel
Brittni Barranco
Arielle Belanger
Andrea Cline
Heather Delgado
Tiffany Fortney
Shanda Hudson
Amy Lynch
Kerry Mcfadden
Natalie Page
Raina Wolfe-Stein
Kristy Aingworth
Chelsea Barranco
Sarah Coffing
Erin English
Caela King
Megan Lanham
Ashley Martinez
Kristin Nieto
Jessica Rykalla
Heather Smith
Liz Sunseri

Oregon State University

Tim Mansour
Scott Nicklas
Danielle Asson
Courtney Bowman
Jessica Rohner

Pennsylvania State University

Ethan Barton
Liam Boone
Ben Campbell
Steve Cantrell
Mike Friedman
Dan Galiczynski
Clint Gyory
Joshua Halberstadt
Andrew McClain
Andy O Connell
Liam Ryan
Michael Svabek
Zachary Egizio
Scott Fitzpatrick
Itai Gans
Nehir Kothari
Ronald Lopez
Gilbert Lujan
Joseph Pawko
Kendall Barnoff
Emily Boller
Mollie Calzone
Jennifer Grabler
Elana Jauhar
Cammie Lincoln
Heather Perron
Arielle Scarpelli
Katie Stoebe
Camille Tiangco
Nancy Campbell
Gayle Federico
Meaghan Gloede
Joanna Hatch
Jill Hiller
Beenash Sheikh
Erica Sperber
Ryan Vazquez
Kimberly Yee
Rachel Zawodzins

Purdue University

Shamik Amin
Sean Blair
Anthony Colavecchia
Rod Espinosa
Kevin Fischer
Michael Guttman
Steve Hamm
Jeremy Marx
Alex Vanhooser
Jake Vanhooser
Matthew Whittaker
Sarah Ansborg
Sarah Carley
Danielle Delvillano
Alexandria Kragie
Emily Monroe
Sara Stepczynski
Alice Tam
Vicki Toth
Shelley Toth
Sydney Watkins

Southern Illinois University

Clark Kessery
Brandon Macias
Melissa Malcolm
Shelly Musko
Kendra Ritz
Joanne Wacławek

SUNY Brockport

A.J. Banker
Daniel Brigano
Kenneth Byrd
Brian Gildemeyer
Thomas Jedik
Shaun Johnson
Yusuke Nemoto

SUNY Cortland

Nicole Arcuri
Rebecca Atkinson
Cassandra Mcnamara
Jessica Richardson
Caroline Saporito
Becky Schwartzman
Samantha Ward

Nationals 2009 Competitors

Syracuse University

Michelle Estrella
Tiffany Gilberti
Laura Hogan
Danielle Hurley
Katie Kummer
Desiree Lafountain
Brianne Nakamura
Tricia Pollock

Texas A&M University

Andrew Gowdy
Michael Hann
Daniel Kelly
Greg Mccartney
Andrew Parker
Eli Richardson
Andy Wheeler
Jackie Barrett
Kearra Comer
Constance Cuadra
Candice Deroche
Amanda Grimm
Courtney Harris
Katherine Jennings
Renee Mcentire
Stephanie Morales
Amber Oconnor
Veronica Ortega
Sydney Riegel

Texas State University

Ralph Barron
Cory Bohannon
Isaac Deanda
Josh Higgins
Mat Kelly
Andrew Schultz
Ben Wood
Leslie Ables
Devin Ave
Chelsea Baker
Sam Grant
Cindy La Rotta
Amena Mc Cullum
Lauren Metcalfe
Leslie Peters
Jenna Simmons

Rachel Tallerine
Erin Williamson

Texas Tech University

Tomas Berdoza
Austin Cashell
Josh Pack
Larry Warren
Jill Conoley
Allison Eudy
Rachel Glaser
Sarah Gummelt
Rachel Hicks
Helen Miller
Victoria Morton

Tulane University

Michael Buenaventura
David D Urso
Seth Guidry
Clarissa Clement
Britt Edwards
Michelle Fryar
Stephanie Mock
Hilary Neeb
Valerie Piet

University at Buffalo

Nathan Brandwein
Evan Bylewski
Brian Loveless
Erin Connor
Sally Enriquez
Mary Greenberg
Tammy Jerome
Aubrey Jiles
Rachael Kaplan
Jenn Townsend

University of California, Berkeley

Andres Herrera
Kenrick Lam
Vincent Riot
Anne Baptiste
Casey Chase

Lena Ning
Kristen Pogue
Julie Rolla

University of California, Davis

Jacky Au
Mark Ferrando
Thomas Rough
Thomas Shepherd
Beth Doughty
Nicole Elen
Martha Hayakawa
Jennifer Jukl
Kelly Liebman
Mariah Walker

University of California, Santa Cruz

Joshua Smith
Allie Valladao

University of Dayton

Gerard Gerace
Caitlin Krueger
Wendy Vent

University of Findlay

Morgan O Rourke

University of Florida

Jennifer Ely
Katie Harbin
Ashley Hunter
Jessica Judge
Christine Mildenerger
Talia Salkeld
Courtney Silver
Veronica Swanberg
Laura M. Vargas
Racheal Wolfson

University of Idaho

David Tighe

University of Illinois

David Barron
Matthew Eckardt
Brian Hulbert
Dave Johnsen
Richard Bryan Mesina
Cameron Moseberry
Kyle Sassatelli
Ethan Swanson
Christopher Tegtmeier
Jennifer Bostedt
Ashley Hill
Jennifer Holliday
Kristina Jackson
Naomi Katz
Emma Katz
Olivia Maldonado
Jackie Moy
Kelsey Persels
Beth Pletsch
Emily Porto
Jenna Singer
Allie Smith
Danielle Tourtillott
Gabrielle Zifkin-Swett

University of Maryland

Melissa Aplan
Megan Askew
Elizabeth Bedell
Robyn Douglass
Kaylor Drehoff
Juliet Han
Rachel Lefkowitz
Jillian Lipton
Danielle Martinez
Rebecca Morrison
Katie Pelton
Justina Pfister
Amanda Ruderman
Rachel Zamora

Nationals 2009 Competitors

University of Michigan

Paige Albers
Jaimie Cavanaugh
Salina Halliday
Melanie Hunt
Kristen Lowery
Kate Miller
Kelly Patrick
Sarah Tomkovich
Kristin Arendt
Bridget Conlon
Jenna Keefe
Meghan Negele
Kathryn Orlando

University of New England

Tori Brooks
Christina Cusick
Megan Welcome

University of North Carolina at Chapel Hill

Jeff Alexander
Adam Beam
Nathan Harris
Patrick Harrison
Andrew Heiser
James Howard
Marcial Santos
Scott Wilson
Kristen Bell
Carly Brewer
Aynara Chavez
Kristen Dearing
Erica Ludi
Ashley O'Rourke
Ashley Ross
Diana Roycroft
Lessie Scott
Allie Treske
Casey Green
Jennifer Kessinger
Nikki Phillips

University of North Carolina at Wilmington

Jacky Altilio
Tosha Hetu
Leanna Lucore
Keeli Murdock
Corrin Puckhaber

University of Notre Dame

Brian Dunn
Patrick Gorman
Sammy Bello
Elizabeth Bonne
Jill Mazur
Kelleen O'Leary
Olivia Schreader
Kristin Smith

University of Pittsburgh

Alicia Behringer
Trisha Breen
Stephanie Elison
Cassie Minick
Erica Parise
Hawley Pruitt
Katie Jo Sonntag
Megan Stupak
Courtney Thompson

University of Rhode Island

Haley Call
Amanda Canepari
Jen Chamberlain
Lindsey Curry
Kendall Day
Krista Dominici
Chelsea Gratt
Sarah Lafen
Sarah Porzucek
Erika Sloan

University of Tennessee

Cole Jackson
Kasey Jackson
Tim Michaels
Greg Nash
Rich Phelan
Ryan Whitted
Jess Allen
Meredith Bond
Katie Lombardozzi

University of Texas

Austin Copeland
Wes Hozapfel
Ryan Huffer
Andrew Hutcheson
Guru Khalsa
Audi Mcgoockey
Chris Muenz
Alan Palesko
Dale Taylor
Light Townsend
Jonathan Walker
Marissa Boulos
Jennifer Grabowski
Cene Hale
Jessica Jenq
Heather Mccanna
Laura Nesrsta
Hannah Oglesby
Elyse Pearson
Katie Walter
Lindsey Williams
Susan Zurbuch

University of Vermont

Thomas Cohen
Colin Hutchens
Chris Leavitt
Angus Mudge
Benjamin Sandri
Larry Simeone
Danielle Bois
Kelsey Corrigan
Carole Ann Dery
Amanda Grieco
Meredith Kempson

Kathryn Krug
Carolyn Lieberman
Ashley Munroe
Jessie Murray
Halley Parsonnet
Jessica Savrann
Emma Scott
Sarah Wilbanks
Nina Zorfass

University of Virginia

Christopher Beale
Devin Debacker
Chadron Edwards
Brian Francica
Jonathan Halpin
Jeff Hatef
Christoph Klein
Chad Smith
Mike Zielinski
Mckinsey Bond
Katie Brown
Steph Fontana
Rachel Garvey
Katherine McKinney
Simone Miller
Jenna Padilla
Kelly Pierson
Amelia Rode
Christie Swanson
Elizabeth Tankovich
Emily Wetzel
Charlotte Daimler
Kim Howard
Hannah Wolford

Virginia Tech

Sam Fedorka
Patrick Fiaux
Daniel Moodie
Chris Moore
Hanes Wynn
Chelsey Berg
Catherine Frakes
Kaitlin Hoey
Meagan Hom
Devon Ordnung
Erin Stack

Nationals 2009 Competitors

Virginia Tech cont.

Jackie Vaughan
Stefanie Walden
Jaclyn Congress
Nicole Glennon
Marjorie Howren
Laura Lysyj
Catherine Teskin

**Washington State
University**

Kristin Engbrecht
Joanna Puryear
Alis Tortorelli

**William Patterson
University**

Rita Connizzo
Heather Turner

Xavier University

Stephanie Burwinkel
Kara Caudell
Tracy Mueller
Cat Nichols
Sarah Steiner
Rachel Weigand

Thank you for your support!

We would like to thank all our participating gymnasts, judges, sponsors, friends, volunteers, and the many individuals who made it possible for us to host the 2009 NAIGC National Championships!



THE NAIGC WOULD LIKE TO THANK ITS
SUPPORTING PARTNER



INTERNATIONAL GYMNASTICS CAMP



Score Card

[illegible]